



Tilak Maharashtra Vidyapeeth (Trust)
Lokmanya Tilak College of Physiotherapy.

Affiliated to MUHS

Plot No. 3, Sector 14, Near Raghunath Vihar, Kharghar, navi Mumbai

Department of Cardiovascular & Respiratory Physiotherapy.

celebrates

WORLD HEART WEEK

28th September 2024 to 3rd October 2024

Model Making Competition

Date: 30th September 2024

Time: 9AM to 1 PM

Venue: CVRS Lab

OUR PATRONS

Dr. Pranati Tilak
Campus Director

Dr. Pranjal Grover
Principal

ORGANISING COMMITTEE

Dr. Vijayendra Rajguru
Professor & HOD

Dr. Rutuja Kamble
Assistant Professor

Dr. Hiranmayee Bagwe
Associate Professor

Dr. Shruti Sarkar
Assistant Professor

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TILAK MAHARASHTRA VIDYAPEETH (TRUST) LOKMANYATILAKCOLLEGE OF PHYSIOTHERAPY

RECOGNIZED BY MAHARASHTRA STATE COUNCIL FOR
OCCUPATIONAL THERAPY AND PHYSIOTHERAPY, MUMBAI

Affiliated to MUHS

Plot No. 3, Sector 14, Near Raghunath Vihar, Kharghar, Navi Mumbai 410210.

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Date: 05.10.2024

Report of ' Model Making Competition ' conducted at TMV's Lokmanya Tilak college of Physiotherapy on occasion of World Heart Week Celebration 2024

Preamble	: On Occasion of World Heart Day 2024, Department of Cardiovascular and Respiratory Physiotherapy, TMV's Lokmanya Tilak College of Physiotherapy, Kharghar organized a week focusing on importance of Physical activity and fitness based on the theme 'Use Heart for Action' for the year 2024. An array of events were organised and conducted for patients, students and faculty members. This week long event underscored the importance of Heart Health both in Awareness and Action.
Objective	: 1. To engage students in creating innovative, informative, and artistic models that highlight the importance of healthy heart 2. To inspire participants to take meaningful steps to protect their cardiovascular health and promote awareness about preventing heart diseases 3. To encouraged their creativity to showcase solutions, actions, or habits that contribute to better heart health, both individually and collectively.
Event	: World Heart Week Celebration 2024
Time and Date	: 30 th September 2024, 9 am pm to 3 pm
Organized by	: Department of Cardiovascular and Respiratory Physiotherapy, TMV's Lokmanya Tilak College of Physiotherapy, Kharghar
Participants	: 29 TMV's students of Physiotherapy & Pharmacy department
Event Coordinator	: Dr. Vijayendra Rajguru, Dr. Rutuja Kamble
Venue	: Lokmanya Tilak College of Physiotherapy, 3 rd floor, CVRS lab
Summary	: The Model making competition was conducted at Lokmanya Tilak College of Physiotherapy by Cardiovascular & respiratory physiotherapy department. The competition embraced the theme "Use Your Heart for Action," motivating students to creatively represent actions that support heart health and well-being. A total of 29 participants took part in the competition, showcasing a variety of innovative and thought-provoking models. The students demonstrated exceptional creativity and knowledge, presenting models that reflected the significance of heart health from various perspectives. The models were evaluated by Dr. Jyoti Parle, Dr. Sibi Joseph & Dr. Shrutika Patil. The judges were highly impressed by the originality and educational value of the models, highlighting the student's understanding of the competition's theme. The "Pacemaker" Group won the first prize for their impressive model depicting the circulatory system of the heart . The second prize was awarded to the Wellness Wagon Group, who showcased a model focused on a healthy lifestyle for individuals . The third prize went to the Cardiac Crafter Group for their engaging model, which presented healthy and unhealthy habits of individuals through an interactive game. Overall, the competition served as an excellent platform to raise awareness about heart health and inspire actions that can lead to a healthier, heart-conscious society. The competition concluded with the distribution of



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<p>Feedback</p>	<p>certificates and prizes to the winners.</p> <p>The judges were thoroughly impressed by the creativity, effort, and knowledge demonstrated by the participants. They praised the students for their attention to detail and the innovative ways they addressed the theme "Use Your Heart for Action.</p> <p>some specific comments from the judges:</p> <ol style="list-style-type: none"> 1. The level of creativity and innovation displayed in the models was outstanding. The students clearly put a lot of thought and research into their presentations. 2. The competition showcased some brilliant ideas, and it was clear that the participants were not only creative but also well-informed
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Event Coordinator

TMV's Lokmanya Tilak College of
Physiotherapy, Navi Mumbai

Head of Department

TMV's Lokmanya Tilak College of
Physiotherapy, Navi Mumbai

Professor - Principal

TMV's Lokmanya Tilak
College of Physiotherapy, Navi
Mumbai

